

Trail sign no. 106

Vesio, Piazzale Angelini / Corna Vecchia / Mount Traversole

Vehicle access: from Vesio di Tremosine take the road towards Bondo Valley, Nota Pass, turning off to the right shortly afterwards, where you can park your vehicle.

Vesio, riding school (680 m) · Sospiri Pass crossroads (1,000 m) · open area with electricity pylon (1,305 m) · Cerese Valley (1,266 m).

The itinerary follows the unsurfaced road, originally built by the army, running along the chain that separates the Bondo and Singol valleys, finishing at Traversole Peak.

The road winds along, rising gently to the fork for Sospiri Pass (1 hr), it then continues almost on the flat for a stretch, at 1,100 m. It then rises again finishing in an open, panoramic area with a large electricity pylon, converging with trail sign no. 102 (11/2-21/2 hrs). The road proceeds - with a view towards Mounts Caplone and Tremalzo - to Cerese Valley, then Nota Pass or Bestana Pass are easily reached by following trail signs 102 or 121.

This route is accessible on horseback and by mountain bike.

Trail sign no. 107

Crossroads trail sign 106 / Selva Peak / Corna Vecchia

Vehicle access: see trail sign 106.

Fork trail sign 106 (1,073 m) · Brosa Point (1,289 m) · Corna Vecchia Pass (1,273 m).

This is the higher-altitude variant of the middle section of trail sign 106, from which it separates after about an hour and a quarter's walk from the riding school. The road rises - zigzagging at first - to the pass (wooden chalet); it then cuts across the slope, passing close to the crest between Selva Peak, Brosa Point and Corno Nero, then converging with the intermediate section of trail 102 (40 min).

Scenic route, accessible only on foot. Not recommended for people afraid of heights.

Trail sign no. 109

Fornaci / fork to Degà - Dalco trail sign 102

Vehicle access: leave your vehicle near the old quarry on the asphalt road that links Vesio with the Le Balze-Pineta Campi tourist villages.

Fornaci (700 m) · Scree pass (817 m) · Converges with trail sign 102 (1,020 m).

Signposting along the first part is the same as no. 268 of the Garda Lakeside Road (BVG).

From the location known as Fornaci, in Tremosine, take the unsurfaced road that rises towards the north, to the bare saddle that looks over Pura Valley.

Carry on along the road, passing near a calchera, an old limekiln, and you'll cross a gully with an extensive scree. Climb the opposite site and you'll then go through the woods again, reaching the crossroads with trail sign 110 (40 min).

By taking the central path the trail continues towards the north passing near some interesting examples of Scots pine; passing above Dalco and Dega it then connects with trail no. 102 (30min-1hr10min). The last part offers some particularly beautiful, sweeping views

The first part of the route can be done on horseback or by mountain bike, the rest is only accessible on foot.

Trail sign no. 110

Degà / Dalco

Vehicle access: see trail sign 109, from which it separates after the Pura Valley gully. Leave your vehicle near the asphalt road that links Vesio with the tourist villages of Le Balze-Pineta Campi (near the old quarry).

Degà (904 m) · Dalco (844 m).

This trail connects the 109 with the lower section of the 102 and, as part of the Garda Lakeside Road, offers the opportunity of crossing the enchanting Degà and Dalco clearings (30 min): the latter surmounts the craggy slope towards the lake.

At Dalco, turn to the right at the peak, in front of the renovated farmhouse: we recommend you go as far as the Preals Peak ridge which commands a wonderful view of Limone and Lake Garda.

Trail sign no. 121

Nota Pass / war cemetery / Bestana Pass

Nota Pass (1,208 m) · Bestana Pass (1,274 m).

This is a variant that links Nota Pass with Bestana Pass, going near the war cemetery.

From Nota Pass take the level road leading south; you'll soon reach the old military cemetery.

Carry on, skirting the brow of the hill, passing through the Cerese Valley alpine pastures. The trail continues to rise, eventually converging with the 102 (20min) that connects with Bestana Pass.

Accessible by mountain bike or on horseback.

Trail sign no. 201

Former port of Tremosine / Pieve Tremosine

Vehicle access: leave your vehicle on the Garda lakeside road in the locality known as Porto at the crossroads with Tremosine, not far from Campione.

Former port of Tremosine (65 m) · Pieve (413 m).

Take the steps cut into the retaining wall of the lakeside road that rise steeply, zigzagging up the almost perpendicular wall above us.

The path is tiring and not recommended for those who suffer from vertigo, but apart from that it is not particularly difficult and you will be rewarded with a spectacular view across the lake and over to massive Mount Baldo. After a few minutes walk, leaving the rock-retaining nets behind you, you cross the old provincial road; continue to follow the trail which rises steeply through a holm oak wood, passing near a characteristic Cuel with a votive image. Eventually you will come out on the Tremosine plateau (Pieve - town hall) next to the café with a terrace looking over the lake (45 min). An enjoyable walk around the narrow roads in the higher and oldest part of Pieve eventually leads to an interesting panoramic point. You should also visit the parish church with its charming Romanesque bell tower.

This itinerary is only accessible only foot. Not recommended during the rainy season because of the danger of rockfalls.

Trail sign no. 202

Pieve / trail 267

Vehicle access: park your car near the parish church.

Pieve (413 m) · trail 267 (425 m).

This is a link route that allows you to reach Pregasio from Pieve without using the provincial road. From Pieve take the road to Arias which comes out next to the parish oratory and goes through pleasant olive groves above the lake. After a walk of about 40 minutes the path ends in front of a house whose grounds are fenced in.

Follow the fence at the edge of the woods then climb the slope going west until you come out onto the terraces planted with olive trees. From here the path is level and ends at trail 267 from Campione, near Pregasio (1hr10 min).

The middle part of the route is only accessible on foot.

Trail sign no. 203

Cadignano / Sermerio

Vehicle access: Cadignano is part of Tremosine's administrative district, halfway between Pregasio and Sermerio.

Cadignano (500 m) · Sermerio (641 m).

From Cadignano take the path that runs north, below the asphalt road, to the crossroads near a large cross on a hillock.

Continue north on the unsurfaced road through cultivated fields until you reach the crossroad with trail sign 204 that descends across the S. Michele stream valley, and reaches Tignale via the Pontesel path. Having left the left fork behind us our trail goes straight on, climbing steeply until it reaches the road near Sermerio cemetery (50 min).

This route can also be done on horseback or by bicycle.

Trail sign no. 204

Prabione / Pontesel / Sermerio

Vehicle access: To reach Prabione follow the Tignale plateau long the road from Tremosine.

Prabione (535 m) · Pontesel (200 m) · Sermerio (641 m).

From the centre of the village take the little level road that leads north, passing through S. Michele valley. Once inside the woods the path starts to descend until you reach the bottom of the valley with a narrow but very deep and picturesque gorge whose sides are connected by a bridge, called Pontesel. This is a characteristic, historical link between the Tignale and Tremosine plateaux.

The climb up the other side leads you through dark holm oak woods, then you'll see the first fields and eventually you'll reach the crossroad with trail sign no. 203 (1hr15min).

Accessible only on foot, apart from the first part along the unsurfaced road before you go into the gorge.

Trail sign no. 205

Pregasio / Nevese Pass / Polzone

Vehicle access: leave your vehicle at Pregasio, a tiny village south of Pieve.

Pregasio (477 m) · Nevese Pass (approx. 750 m) · Polzone (630 m).

To the east of Pregasio take the little concrete road above the asphalt road, going north uphill until you reach Mezzema - trail sign 205/A. Continue uphill until you come out among the pastures at Volpera (40min), joining the Garda Lakeside Road (BVG) marked by number 267. Follow this trail sign passing Nevese Pass (10-50min) and go north along the main road until you reach the junction with the asphalt road near Cà del Lupo. At the crossroads take the unsurfaced, flat road to the left leading west until you reach the fields near Polzone - trail sign 205 B (40 min-1 1/2 hrs).

Trail sign no. 206

Sermerio / Nevese Pass

Vehicle access: park at Sermerio, near Tremosine.

Sermerio (630 m) · Volpera (690 m).

A path heads east from opposite Sermerio cemetery, leading directly to the fields near Volpera-Nevese Pass (30 min) and coming out on trail sign no. 267 of the Garda Lakeside Road. The last part of the route, near Volpera, is covered in bramble thickets and there is a livestock pen, which you should skirt.

A pleasantly shady route which can also be done on horseback or by bicycle.

Trail sign no. 207

Sermerio / Nevese Pass

Vehicle access: park at Sermerio, near Tremosine.

Sermerio (641 m) · Nevese Pass (752 m).

This route is similar to that covered by the 206, passing near the peak of Mount Nai and joining the unsurfaced vehicle track indicated with sign 267 (50 min). The trail starts approximately 500 metres after Sermerio along the asphalt road connecting Sermerio to Polzone. After a steep start the road levels out after a farmhouse and continues into a pinewood. Nice views towards Tignale and the lake.

This can also be done by bike or on horseback.

Trail sign no. 209

Pieve / Ponti / Val Brasa / Villa

Vehicle access: leave your vehicle in Pieve.

Pieve (413 m) · Ponti (approx. 315 m) · Villa (approx. 550 m).

Starting from the road to the west of Pieve go north along the secondary, scenic road that runs alongside the asphalt road, on a higher level at first and later on a lower level than the asphalt road. Having crossed the hollow at Larino stream you reach a roadside shrine near the village of Priezzo; trail sign no. 267 of the Garda Lakeside Road converges at this point (30 min). Follow the trail, making your way down into the Brasa Valley to Ponti. Before going past the group of renovated houses the trail rises off to the left, going along the green valley before coming out on the provincial road to Vesio near Villa (50 min - 1hr20min).

This trail can also be done on horseback or by bike.

Trail sign no. 211

Le Balze / Mount Bestone

Vehicle access: go by car to “Le Balze-Pineta Campi” tourist complex about 2 km from Vesio.

Le Balze (670 m) · Mt Bestone (917 m).

This itinerary forks off from trail sign no. 268 (Garda Lakeside Road-BVG) near “Le Balze” tourist complex and climbs along the ridge, coming out near Mount Bestone which is an exceptional panoramic point commanding a sweeping view of Lake Garda and its environs (45 min). It then descends the narrow path down the steep northern flank, rejoining the unsurfaced road near the saddle over Pura Valley (20 min - 1hr5min).

If you want to reach the peak of Mount Bestone a better and easier way is the path that forks away from the vehicle road between Campi and Vesio, just before Fornaci.

The first route is not suitable for people who suffer from vertigo and is only accessible on foot
The second route can also be done on horseback.

Trail sign no. 213

Fornaci / Sospiri Pass

Vehicle access: leave your vehicle at the crossroads of the asphalt road from Vesio to Le Balze and the unsurfaced road leading to Fornaci (near the old quarry).

Fornaci (approx. 700 m) · Sospiri Pass(999 m).

From Fornaci, leaving trail sign 268, take the path on the left, taking the left again after a few metres (do not go up towards the farmhouse!). After a short level stretch the path rises quite steeply towards the north-eastern slope of Dalvra Peak, coming out at Sospiri Pass (40 min).

Accessible only on foot, offers some very interesting views.

Trail sign no. 216

Dalvra Bassa

Vehicle access: see trail sign 106.

Bend in trail sign 106 (903 m) · Dalvra Bassa (919 m).

Path connecting trail sign 106 (903 m) and trail sign 213 (900 m).

This is a variant of itinerary 106 which it leaves at a bend and takes you to the panoramic point at Dalvra Bassa via a flat stretch at 900m, coming out at trail sign 213 for Sospiri Pass. An exceptionally scenic route, accessible only on foot.

Trail sign no. 217

Bondo Valley / Muravalle

Vehicle access: from Bondo Valley, along the unsurfaced road from Vesio to Nota Pass.

Bondo Valley (700 m) · Crossroads trail sign 102 (approx. 1,300 m).

On the road from Nota Pass along the Bondo Valley, cross the river about 4 km from Vesio and climb to the right along the western flank of Traversole Peak. After passing a rise the path goes steeply uphill, following the Muravalle hollow until it comes out on trail sign no. 102 (1hr40min).

Accessible only on foot.

Trail sign no. 218

Angelotto / Cocca Pass / Molvina farmhouse / Fobia Pass / Le Acque

Vehicle access: park at the crossroads near Polzone on the road towards S. Michele Valley.

Angelotto (630 m) · Cocca Pass (966 m) · Molvina farmhouse (1,241 m) · Fobia Pass (1,286 m) · Le Acque (887 m)

A long route that runs along the ridge of hills separating S. Michele Valley from Bondo Valley with beautiful views over the Caplone-Büs de Bali chains and surrounding peaks.

A few hundred metres past the junction with the Tignalga Valley road, at Angelotto take the forest road that climbs to the right towards Mount Cocca, through a lovely holm oak wood. At La Cocca Pass (966 m - 1hr20min), move to the east flank towards Bondo Valley. Continuing north (first part formerly marked as no. 26, Tremosine signposting) you skirt Mughera Peak and Mount Zenone,

passing above Prà di Toni alpine pasture and Piazzolo farmhouse and climbing up to the saddle at Delle Volte Peak (50min-2hrs10min). From this point descend along the western flank to the isolated Molvina farmhouse (20min-2hrs30min - just below the Nansesa Saddle), then continue at this altitude along the mule track to Fobia farmhouse (1hr-3hrs30min) where the path climbs up to Fobia Pass. This is the last climb: having crossed the pass you descend along a road full of bends to Fobia Valley joining the vehicle road for Nota Pass at Le Acque, near a brickwork shed (1hr30min-5hrs).

This itinerary can be done on horseback or by mountain bike up to the crossroads for Piazzolo farmhouse (trail sign 227), or from Le Acque to Molvina farmhouse. By going left from La Cocca Pass an interesting alternative route - very scenic and recommended even though it is not, unfortunately, marked on the 1996 edition of the Park map - is the old mule track that leads from the saddle to Mughera Peak and the Mount Zenone ridge before converging at Molvina farmhouse.

Trail sign no. 219

Prà delle Noci alpine pasture / Molvina farmhouse

Vehicle access: in S. Michele Valley at Polzone, go just past the weir. Continuing along the river at the next crossroads leave the road to the left that climbs towards Lorina-Tremalzo and take the unsurfaced road running along the stream.

Parking area Prà delle Noci alpine pasture (640 m) · Molvina farmhouse (1,241 m).

Having reached Prà delle Noci alpine pasture along the unsurfaced road, at trail sign 222 take the right-hand path that zigzags up along the wooded ridge between Delle Volte Peak and Molvina Point, coming out at Molvina farmhouse just under Nansesa Saddle on trail sign 218 (1hr30min).

Trail sign no. 220

Vesio / Nansesa Saddle

Vehicle access: at Vesio, near Tremosine.

Vesio (m 620) · Nansesa Saddle (1,294 m).

At the western edge of Vesio village take the mule track through the pine wood, climbing in a north-westerly direction along the Mughera Peak ridge.

Skirt around the slight incline and go past the fork to Prà di Toni pasture (to the fork: 50 min - deviation to trail sign no. 226). Proceed, keeping to the right and heading north-west until you pass another fork (20mins-1hr10mins - the path on the left goes up to Piazzolo farmhouse - trail sign no. 227) and take to the right again. After a few hundred metres you reach a valley (Val delle Pile) where the road finishes. You continue by following the track (very faint and for experts only) coming out under Nansesa Saddle. With a final effort you can reach the saddle via a steep path (2hrs10min).

Accessible on horseback up to Delle Pile Valley.

Trail sign no. 221

Bondo Valley / Nalbò Sopra

Bondo Valley (650 m) · Nalbò Sopra (1,024 m)

At about 3 km from Vesio in Bondo Valley, near the high-voltage power line, leave the main road and bear left in a south-westerly direction until you reach Ander farmhouse. From here the path climbs steeply towards the north-west, coming out in the clearing with the fork to trail sign 228. Now turn towards the north and follow the flat ground until you reach Nalbò di Sopra (1hr40min).

After the farmhouse the path descends steeply along the opposite side on an unsurfaced vehicle road, coming out on the road to Nota Pass (40min-2hrs20min).

Itinerary accessible only on foot, apart from the first stretch to Ander farmhouse and the last to Nalbò.

Trail sign no. 222

Corvà Bridge / Ciapa farmhouse - Tremalzo

Vehicle access: in S. Michele Valley at Polzone go just past the weir. Continuing along the river, at the next crossroads leave the road to the left that climbs towards Lorina-Tremalzo and take the unsurfaced road to the right running along the stream, until you reach Corvà bridge.

Corvà Bridge (641 m) · Prà delle Noci farmhouse (688 m) · Prà Pià alpine pasture (1,352 m) · Ciapa alpine pasture (1,615 m).

Going past Corvà bridge, continue along the stream to Prà delle Noci alpine pasture (10min).

Leaving the deviation to trail sign 219 on the right, continue along the main valley that gradually becomes deeper, until you reach an altitude of 1,000 m (40-50 min). At the fork take the left-hand path that rises steeply, skirting some rocky ridges, and comes out at the Prà Pià alpine pastures (1hr-1hr50min). From here, near Tremalzo Peak, you now take the mule track that passes through magnificent pastures, full of flowers in the early summer months, eventually reaching Ciapa alpine pasture (40min-2hrs30min), from where you can easily climb to Tremalzo Pass (20min-2hrs50min). This itinerary is only accessible on foot, apart from the first stretch to Prà delle Noci.

Trail sign no. 223

Spiazzo alpine pasture / Prà di Lavino alpine pasture / Tremalzo

Vehicle access: you can get to Spiazzo alpine pasture with an off-road vehicle from Tremosine along S. Michele Valley via the unsurfaced road to the fork for Lorina alpine pasture (take the right for Spiazzo alpine pasture), or by descending from Tremalzo Pass (see trail sign no. 224).

Spiazzo alpine pasture (1,363 m) · Prà di Lavino alpine pasture (1,643 m) · Tremalzo (1,680 m).

Spiazzo alpine pasture is not far from the fork for Lorina alpine pasture. From this point, follow the road to Tremalzo Pass for approximately a kilometre, the alpine pasture is just above the road and just before you get to it you'll see a huge beech tree (20min). Passing the old, simple building, climb up the pasture and at the top take the right-hand path leading north into the woods, rising steeply, passing under rocky walls and eventually coming out among copse-dotted pastures near a drinking trough.

From this point take a north-westerly direction and you'll soon come to Prà di Lavino alpine pasture (45min-1hr5min).

This itinerary follows a poorly-marked trail, particularly the section descending from Prà di Lavino. Accessible only on foot.

Trail sign no. 224

Fork for Lorina alpine pasture / Lorina Pass

Vehicle access: with an off-road vehicle to the fork for Lorina alpine pasture, on the unsurfaced road from S. Michele Valley to Tremalzo Pass.

Fork for Lorina alpine pasture (1,325 m) · Lorina Pass (1,431 m).

Going upwards from the fork, take the left-hand road that goes through a lovely beech and fir wood and shortly leads to Lorina alpine pasture (used during the summer months).

Then, continuing west, you reach Lorina Pass (30min) where you can take the old army mule track to Mount Caplone (trail sign no. 444) or the path to Valisna alpine pasture on the Trentino side. The itinerary is accessible on horseback or by bicycle.

Trail sign no. 225

S. Michele Valley / Negrini alpine pasture / Lorina alpine pasture

Vehicle access: at Polzone, in S. Michele Valley, go to the bridge near the weir where you can park in the small open area.

S. Michele Valley (635 m) · Negrini alpine pasture (748 m) · Lorina alpine pasture (1,384 m).

From the small artificial reservoir you go past a few farmhouses and leave S. Michele Valley going to the left into the natural wilderness of Negrini Valley served by a good foresters' road (take care at fords in the stream after heavy rain). Continuing on the flat and following the stream you'll reach secluded Negrini alpine pasture after a final steep but short rise (1hr).

Along the edge of this pasture, cross the brook and, following the good path through the woods, head into the side valley, Val di Cisano, leading west. Climb up the very steep ridge, skirt around the sheer, wild rock walls and you'll eventually come out at the pass near some remains of military emplacements (1hr-2hrs).

From the pass you descend on the opposite site through a dense beech wood until you shortly reach a mule track that crosses your path. Follow the mule track towards the left (westerly direction), coming to the edge of the wood and eventually out into the open in the pastures from whence you head north and, after a final rise, you reach Lorina alpine pasture (30min-2hr30min). This itinerary is also accessible by bike or on horseback, but only to Negrini alpine pasture. Thereafter proceed on foot.

The final stretch of the path is poorly marked and not easy to see, therefore recommended only for expert hikers.

Trail sign no. 226

Pra di Toni alpine pasture

Vehicle access: from Vesio - see itinerary no. 220.

Connecting path between trail signs 220 (approx. 900 m) and 218 (approx. 1,100 m), Pra di Toni alpine pasture (1,038 m).

Trail sign 226 departs from trail sign no. 220 after about an hour's walk from Vesio. At the fork take to the left, reaching Pra di Toni alpine pasture and then go westwards. Climb the ridge and reach the crossroads with the other trail sign, no. 218 (30min).

Accessible only on foot.

Trail sign no. 227

Connection between 220 and 218

Vehicle access: from Vesio - see itinerary no. 220.

Fork trail sign 220 (1,000 m) · trail sign 218 (1,250 m).

From trail sign 220, after an approximately 20 minute walk from the fork with trail sign 226, you encounter another trail that comes down from the side of Delle Volte Peak.

Take this trail, which starts to rise sharply towards the west, until you reach Piazzolo farmhouse and, just after, trail sign no. 218 (30min).

Accessible only on foot.

Trail sign no. 228

Path connecting the 221 with 220

Vehicle access: from Bondo Valley, see itinerary 221.

Fork trail sign 221 (1,060 m) · trail sign 220 (approx. 1,170 m).

Along trail sign 221 from Vesio, once you reach the pasture at 1,089m altitude, take the faint path leading south-west towards Nansesa Saddle. Proceeding transversally you cross a series of hollows, coming out a little higher up on trail sign no. 220 (40min).

Accessible only on foot, for expert hikers only.

Trail sign no. 229

S. Michele / Resto farmhouse/ Puria Pass

Vehicle access: at Polzone, in S. Michele Valley, go to the bridge near the weir where you can park in the small open area.

San Michele (635 m) · Resto farmhouse (837 m) · Puria Pass (1,374 m).

After approximately a kilometre from the departure point at S. Michele bridge, going towards Negrini farmhouse, you arrive at a fork in trail sign 225 that goes left, indicating Resto farmhouse. The route rises quite sharply on the northern slope towards Tignalga Peak and reaches another fork after about 20 minutes. By taking the path to the left you can reach nearby Resto farmhouse. If you go straight on you continue along Puria Valley up to the pass of the same name (2hrs30min).

The path goes through an isolated area, the habitat of numerous wild animals; it is set in a deep valley and is very steep. We suggest you only attempt it downhill.

On foot only.

Trail sign no. 230 (not on the 1996 Park map)

Negrini Valley / Pom del Pin alpine pasture

Vehicle access: from Sermerio - see itinerary no. 225.

Negrini Valley (650 m) · Pom del Pin (736 m).

At about 2km past the S. Michele weir along the 225, this short mule track turns left to lead us to the isolated Pom del Pin alpine pasture that lies just above the valley floor (30min). Accessible only on foot.

Trail sign no. 231

Bondo Valley / Tregadone Valley, trail sign 106

Bondo Valley (700 m) · Tregadone Valley (1,200 m) · trail sign 106 (1,136 m).

This path connects the Bondo Valley with the army road marked as no. 106. It follows the Tregadone Grande hollow, before turning south along the last stretch, near a prominent scenic rise crossed by the army road (1hr30min). A steep, direct route - it is the quickest way of getting to the Mount Traversole chain.

Accessible only on foot.

Trail sign no. 267 BVG (Garda Lakeside Road)

Campione / Tremosine

1ST STRETCH

Campione (70 m) / Pregasio (477 m)

Vehicle access: You can reach Campione by car along the Garda lakeside road (tunnel exit halfway between Gargnano and Limone).

The village of Campione was founded in the last century and has all the urban characteristics of villages that grew up around an industry: the long-silent cotton mill, the workers' cottages, the owner's mansion, the church. It now welcomes tourists, offering them its attractive beach and opportunities for sailing, favoured by the prevailing winds.

The trail sign starts near the stream, leading into a narrow gorge set between awesome stratified cliffs. While climbing the steps cut into the rock - until a few decades ago this was the only way workers could reach the lakeside mill - you can admire the bubbling water and the strange shapes formed by the bed of the stream. You then go through a brief tunnel and cross the little bridge to the other side (before reaching the bridge there is a fork for Tignale, trail sign no. 266, on the left).

A holm oak scrub flanks the path along the roughest stretches; you later come out onto the terraced plateau with its olive groves and vegetable gardens, a sign that the village of Pregasio is nearby - you enter the village near the church (1h15min).

2ND STRETCH

Pregasio (478 m) / Nevese Pass (750 m) / Priezzo (431 m)

Vehicle access: Pregasio is close to Tremosine. You can reach it from Pieve by taking the road to Tignale (2 km from Pieve).

On Pregasio's western edge, next to the grocer's shop, is a little concrete-surfaced road, leading away from the direction of the lake. You soon lose sight of the lake and its rugged coastline while the eye sweeps across rolling hills; the scenery is completely different from that of the first stretch. The road carries on, unsurfaced, towards the north to Nevese Saddle (40mins), where you descend on the other side with a view over Bondo Valley and the many new residential areas that have sprung up near it. After just over 1km towards the north, at a fork, keep to the right for Secastello and from there you'll reach the hamlets of Sompriezzo (lovely view from the fountain), Musio (delightful, with well-restored stone houses) and, lastly, Priezzo on the provincial road (50mins-2hrs5mins from Pregasio).

Trail sign no. 268 BVG (Garda Lakeside Road)

1ST STRETCH

Priezzo (431 m) - Ponti (approx. 350 m) / Voltino

Vehicle access: From Pieve, take the road to Vesio. Priezzo is 1.2 km from Pieve.

Once you have passed the few houses in Priezzo take the downhill road that leads to a crossroads with an old, ruined roadside shrine. Proceeding to the left you go down into the Del Brasa Valley which you will cross at Ponti (15 mins). The lush green environment is very relaxing and another roadside shrine marks our route which proceeds along a path flanked by low bushes or managed woodland, rising slightly. You will eventually reach a group of small houses on the vehicle road (Via de la Comar) and a third, well-preserved, shrine where you take to the right towards "Pozza del Gas" a small hydroelectric reservoir. Skirting the reservoir continue to the north-east along a flat stretch through a wood. You will suddenly come out near an open area over the lake, with a truly breath-taking view: the deep blue waters in a straight drop 500 metres below us and, across the lake, the islands and inlets of Malcesine dominated by the imposing Baldo chain. Towards the south the lake expands into vast, marine-like vistas.

When you resume your walk you will discover that the panoramic point you have just left is almost totally separated from the rest of the crest by a cleft that is just over a metre wide but so deep that

you cannot see the bottom. This is the so-called “Diaclasi di Voltino” (Voltino Joint), a fissure that splits the cliff over the lake into two parts.

Continuing further, the mule track starts to rise and soon reaches the asphalt road near Mure. You are now close to Voltino, but before you get there you might enjoy a small deviation; walk along the provincial road for a few dozen metres to the road for Ustecchio. At the fork in the road is another shrine decorated with frescoes. The northern wall of the shrine bears a plaque with Latin inscriptions, a vestige of the time when this area was part of the Roman empire. (1hr15min-1hr30min).

2ND STRETCH

Mure (559 m) / Pineta Campi - Le Balze (660 m) / fork trail sign 109-110 (925 m)

Vehicle access: From the lake, follow the signsto Tremosine, leaving the Garda lakeside road at the Limone junction and continuing to Voltino.

From the locality known as Mure, a few hundred metres before Voltino (for those coming from Limone), take the uphill road to Ustecchio then continue along the asphalt road to “Pineta Campi-Le Balze” hotel complex (30min) taking the shortcuts to avoid a few bends. There are a number of tennis courts in the area, pass these and continue along the asphalt road towards the north, skirting an old quarry. When you reach the fork in the road take the right-hand unsurfaced road to Degà-Dalco (also marked with trail sign no. 109 which, at this point, follows the same route). Skirt the little green valley at Fornaci and continue uphill to the bare saddle that looks out over Pura Valley. Continue to follow the little road, which eventually becomes a track; you will go past a “calchera”, an old limekiln, and you will cross a gully with a vast scree. By climbing up the opposite site you go back through woodland to the fork with trail sign 109-110 (50min-1hr20min from Le Balze - 2hrs50min from Priezzo); by following the latter you continue along the Garda Lakeside Road for Degà-Dalco and then Limone.

N.B. Trails marked with numbers over 400 regard the Trentino Italian Alpine Club’s trail signs. At present this numbering system has not been brought into line with the system in our area, therefore some stretches may also be marked with the Upper Garda Regional Park Authority’s system.

Trail sign no. 444

Tremalzo / Lorina Pass / Mt. Caplone / Alpo di Bondone

Vehicle access: Departure from Tremalzo Pass.

Tremalzo Pass (1,665 m) · Del Dil Pass (1,723 m) · Fratone Peak (1,759 m) · Lorina Pass (1,431 m) · Mt Caplone (1,976 m) · Tombea alpine pasture (1,820 m) · Cablone Pass (1,755 m) · Alpo di Bondone (m 1,500).

A long hike for the summer months (snow may cause problems during other seasons).

From Tremalzo Pass (or Della Crocetta Pass) take the uphill track leading west to Bezzecca mountain refuge chalet (no longer used) and then Del Dil Pass. A sweeping semicircular route then passes the summit of Mt Lavino and continues to the fork above Prà di Lavino alpine pasture (Warning! The Upper Garda Regional Park Authority’s trail map published in 1996 wrongly indicates the itinerary as being from Dil Pass straight down to Prà di Lavino alpine pasture; this is not marked on the terrain). At the above-mentioned fork, take the track to the right that passes the saddle between Levrier Peak and Della Fame Rise, reaching Fratone Peak (1hr15min). The whole route is exceptionally scenic, offering views over Lake Garda and beyond to Mt Adamello (at this point, next to the usual trail signs, you will also see the whit